

If you're living with a disability, mental health challenges, or identify as having a disability, there are several employment programs in Victoria designed to support you. Below is a list of local resources that offer work experience, training, and ongoing support.

Victoria Disability Resource Centre (VDRC) is a cross-disability, grassroots, not-for-profit organization run by and for people with disabilities. We work closely with people who have a disability and with other community organizations to find and remove barriers that prevent full participation in life

- Victoria Disability Resource Centre
- Email: reception@drcvictoria.com Phone: 250-595-0044

Beacon's Empathetic and Aspirational Method of Service (BEAMS) - Beacon Community Services

BEAMS is a unique pilot project designed to assist community members eligible to work in BC, who may be experiencing challenges to employment due to mental health, unstable housing, and/or substance use. The BEAMS team can also provide outreach in community, tailoring our services to meet the needs of the individual. Eligibility criteria may apply to some available support.

The BEAMS Program Offers:

Free access to:

- Computers and printers
- Drop-In Centre activities
- Employment Readiness Workshops
- Refreshments, snacks and light meals

Support may include:

- Computer Skills
- Food and transportation

- Indigenous Elder cultural support
- Life-skills and personal wellness support
- One-on-one employment coaching and planning
- Paid group work experiences
- Short-term training and certification
- Support for referrals and applications to community agencies and programs
- Volunteer experiences

Participant Eligibility:

BEAMS supports individuals who are eligible to work in BC and are experiencing any of the following barriers to employment:

- Housing insecurity/homelessness
- Mental or physical health issues that impact employment
- Substance use management issues

BEAMS offers continuous intake, to register call 778-265-2585 to make an appointment or stop by during drop-in hours.

BEAMS Drop-In Centre is open:

Mondays, Tuesdays and Thursdays 1:00pm-7:00pm

BEAMS is located at
1452 Elford Street
Victoria

Creative Employment Options - Neil Squire

Helping People with Disabilities Prepare for, Obtain and Maintain Employment

The Creative Employment Options (CEO) program is a unique, comprehensive and participant centered program designed to help individuals develop the skills required to achieve their employment goals.

The Creative Employment Options Program Offers:

- Individualized and group-based learning environments

- Career and personal development, wellness for work, and job search support
- Ergonomic and/or Assistive Technology assessments and solutions
- Potential wage subsidy
- Continuous support from career professionals

Participant Eligibility:

- Have a self-declared disability
- Require assistance to prepare for, obtain and keep employment or self-employment
- Legally entitled to work in Canada
- Not currently receiving EI

For more information contact:

Patty Lavakittichaiyant

T 1-604-473-9363 ext. 137

Toll Free 1-877-673-4636

pattyl@neilsquire.ca

[Neil Squire Creative Employment Options Website](#)

CanAssist's Job Journey

Job Journey serves job seekers aged 15+ who self-identify as having a disability and/or mental health barrier to employment.

Job Journey offers the following:

- Paid workshops to gain employability skills: either in person or virtual setting
- Career exploration and discovery
- Cover letter and resume support
- Practice mock interviews
- 1:1 job coach to help with job search and on-site job support
- Paid certificate training such as First Aid, Foodsafe or WHMIS
- Part-time or full-time students are eligible

- Wage subsidy for employers is available

To apply to be a part of Job Journey please email: jobjourney@uvic.ca

Job Journey welcomes referrals to join their waitlist at any time and hosts workshops every 2-3 months.

Job Journey is in the CARSA building on the University of Victoria Campus
3800 Finnerty Rd.
Victoria

Email: jobjourney@uvic.ca

Phone: (250) 721-7300

Spoonies Employment Agency

Spoonies Employment Agency is an employment and staffing agency who support marginalized people of all types and abilities (LGBTQ2SIA+, BIPOC, etc).

Spoonies provides temporary or ongoing work for people who are looking for flexible and supportive work. Spoonies' type of supportive approach and flexible accommodations set them apart from other temporary employment agencies that are not focused on full support for their staff.

Email: office@spooniesagency.com

Training 4 Jobs (T4J) - Kopar Administration Ltd.

Training 4 Jobs (T4J) is a FREE program that offers specialized employment services and financial resources to job seekers who self-identify as having obstacles to obtaining and maintaining successful employment.

The program is focused on 4 key areas to finding success:

- Skills
- Training
- Learning
- Employment

Eligibility:

- Living in British Columbia
- Not receiving duplicative financial supports from another provincially funded labour market program, but you may also be working with your local WorkBC;
- Unemployed or Precariously Employed

To book an appointment call toll free at 1-877-564-3545 or fill out the [online application](#).

Kopar Administration Ltd.

#401 – 888 Fort Street

Victoria

Email: victoria@koparadmin.ca

Work BC Centres

WorkBC Assistive Technology Services Centre - Victoria

817A Fort Street

Victoria

(844) 453-5506

WorkBC Centre - Langford

#202-3179 Jacklin Road

Victoria

(250) 478-9525

WorkBC Centre - Sidney

9860 Third Street

Sidney

(250) 656-0134

WorkBC Centre - Sooke

2096 Church Road

Sooke

(250) 642-3685

WorkBC Centre - Victoria Borden

#201-3962 Borden Street
Victoria
(250) 479-9675

WorkBC Centre - Victoria Douglas

#201-1483 Douglas Street
Victoria
(250) 388-0858

Employment Support Services

Beacon Community Services - Employment Services and Training Supports

2723 Quadra Street
Victoria
(250) 658-6407

Bridges for Women Employment Program

#219-645 Fort Street
Victoria

OR

2830 Aldwynd Road
Langford
(250) 385-7410

Inter-Cultural Association (ICA) of Greater Victoria Employment Services

#102-808 Douglas Street
Victoria

Alla Balatska
Employment Client Navigator
(250) 388-4728 Ext. 2154

Island Community Mental Health (ICMH) Supported Employment

125 Skinner Street
Victoria

Paula Greene
Manager of Programs
(250) 389-1211 Ext. 128

Maximus Canada Employment Services (MCES)

#410-800 Yates Street
Victoria
(250) 405-3700

WorkLink Employment Society

Westshore Centre
#202-3179 Jacklin Road
Victoria

OR

Sooke Centre
2096 Church Rd
Sooke
(250) 478-9525 (Westshore) OR (250) 642-3685 (Sooke)