

WHAT DO OUR YOUTH & FAMILIES NEED?

Tsartlip First Nation received funding through CHRT 41 to identify youth and family wellness needs in the community. This will be the first step in designing a community building to support healthy youth and families.

Through conversations with the community, we want to understand the different programs and services that would support you and your family's wellness such as cultural activities, sport/recreation programs, language classes, or counselling.



TSARTLIP
FIRST NATION

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WHY HAVE THESE CONVERSATIONS?

To understand what you and your family need to thrive

To identify what is working well and where there are gaps for youth and families

To ensure Tsartlip First Nation's culture and values are reflected in a future building



HOW CAN YOU GET INVOLVED?

This newsletter is your first chance to provide your input. Turn over the page and follow the instructions to get the conversation started!

Over February and March 2023, we will come to you to listen to your experiences and aspirations. This will include:

- ▶ A Youth and Family Wellness Needs survey
- ▶ Conversations with Elders, the Youth Council, men's and women's groups, and toddler and infant programs
- ▶ A community meeting to share what we hear and gather more feedback

Check the Tsartlip First Nation website and social media channels for event schedules and locations.



UPCOMING SURVEY

The Youth and Family Wellness Needs Survey is on the way! Complete the survey for a chance to win an iPad.

What will help Tsartlip's youth and families thrive?

Write or draw your ideas in the space below. Some examples could include cultural activities, sports and recreation, or language, nutrition, and life skills classes.

Follow the instructions at the bottom of the page to submit and share your response.



TAKE A PHOTO!

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SUBMIT A HARDCOPY!

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