



# Feb, 2022 Calendar Tsartlip Youth Program Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Sat-	Sun
	<b>1</b> RTW low impact exercise sessions @ health building 1:15– 2:15pm and yoga session @ B/office 5– 6pm	<b>2</b> - RTW boxing & fitness session @ 5:15-6:30pm at Health building - Families swim night @ Panorama pool 5:30, bus comes around for pick up at 5:30pm	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b> Homework club @ Bayside sch. 3– 5pm	<b>8</b> -Homework club @ Tribal sch. 3– 5pm -RTW low impact exercise sessions @ health building 1:15– 2:15pm and yoga session @ B/office 5– 6pm	<b>9</b> - RTW boxing fitness session @ Health building 5:15– 6:30pm -Families swim night @ Panorama, bus comes around for pick up at 5:30pm.	<b>10</b>	<b>11</b> Youth club (13yrs & up) only, meet @ band office 3:30pm for a plan activity	<b>12</b>	<b>13</b>
<b>14</b> Homework club @ Bayside sch. 3– 5pm	<b>15</b> -Homework club @ Tribal sch. 3– 5pm -RTW low impact exercise session @ health building 1:15– 2:15 and Yoga session @ B/office 5– 6pm	<b>16</b> RTW boxing fitness session @ Health building 5:15– 6:30pm -Families swim night @ Panorama at 5:30pm. Bus comes around for pick up at 5:30pm	<b>17</b>	<b>18</b> Youth club (13yrs & up) only, meet @ band office 3:30pm for a plan activity	<b>19</b>	<b>20</b>
<b>21</b> Homework club @ Bayside sch. 3– 5pm	<b>22</b> -Homework club @ Tribal sch. 3– 5pm -RTW low impact exercise session @ health building 1:15-2:15pm and Yoga session @ B/office 5-6pm	<b>23</b> RTW boxing fitness session @ Health building 5:15– 6:30pm -Families swim night @ Panorama at 5:30pm. Bust comes around for pick up at 5:30pm	<b>24</b>	<b>25</b> Family movie, more info to come	<b>26</b>	<b>27</b>
<b>28</b> Homework club @ Bayside sch. 3-5pm						

\*\*\* For safety! All participants is strongly recommended DO NOT attend to any of the activities if you are not feeling well!!!

\*Movie theatres and swimming pools are now requires anyone is over 12yrs that enter the facility to have a proof of their double vaccinations and one piece of ID mask needs to wear at all times

notes

ANY QUESTION PLS CONTACT Mua @ 250 652-3988 or muavae@tsartlip.com  
 All Road To Wellness sessions– safety set up will be in place, encourage everyone to wear mask