



## NOVEMBER 2021 HEAD START PROGRAM ACTIVITIES

**Infant – Toddler Program (Birth – 3 years old)**      **Wednesdays 10:15 – 12:00 pm**  
**Tsartlip Health Center multipurpose room**

- November 3      Join us to assemble a “B” Bag for your child
- November 10      Meet Mandy Griffins from the Aboriginal Infant Development Program
- November 17      Meet Amanda Henry, Dietician from First Nations Health
- November 24      Learn Baby Signs to share with your child

**After school Program (4 years – school-age)**      **Thursday. 3:15 – 4:15 pm**  
**Tsartlip Health Center multipurpose room**

- November 4      Join us to make a bird feeder and do wall art
- November 11      **(no group today)**
- November 18      Science Venture activities today
- November 25      Science Venture activities today

**ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT WHO WILL STAY THROUGHOUT THE ENTIRE SESSION.**

### **COVID SAFETY AT THESE PROGRAMS**

- Please do not attend if you aren't feeling well
- All adults and children over 5 years must wear a mask during the sessions
- Staff will assist with serving food and/or provide packaged food to families
- Equipment and surfaces will be sanitized prior to the sessions and equipment will be cleaned throughout the sessions

**Please contact Mary Hayes at 250 652 4473 x208 if you have any questions about the activities.**

