

A decorative graphic on the left side of the page. It features a vertical stem with several brown leaves pointing to the right. At the top of the stem, there is a cluster of ten brown flowers, each with five petals and a small white center. The flowers are arranged in a slightly curved pattern, with some overlapping.

Maternal Nourishment Program

For Tsartlip moms who are expecting or have a babe under 12 months old.

If you have are expecting or have a baby under 12 months, you can receive some support for your healthy food needs.

You can receive:

- weekly at-home dairy delivery (depending on your location in the community)
- monthly \$50 gift card for a local grocery store

If you require this support, please contact Mary Hayes at 250 652 4473 x 208 or mchayes@tsartlip.com to sign up for the Maternal Nourishment assistance.