



Infant Toddler Group

Parents and caregivers with babes birth- 3 years are invited to a weekly drop-in group.

Date: Every Wednesday

Time: 10:15 am – 12:00 pm

Where: Tsartlip Health Center Multi-purpose room

Each group will include: an opportunity for parents to meet each other, for your child to play with children of a similar age, lunch, and circle time.

In October – November groups we will:

- Assemble a “B” Bag
- Meet the dietician from Aboriginal Health (who will answer any questions about feeding your infant-toddler)
- Meet the Aboriginal Infant Development Consultant (who supports families in our area)
- Learn “Baby Signs” to practice with your child
- Have door prize draw each group for gift cards.

COVID SAFETY AT THIS GROUP:

*Please do not attend if you aren't feeling well

*All adults will wear a face mask throughout the group

*Food will be served in a COVID safe way.

*Toys and surfaces will be sanitized before and throughout the group

Please call Mary Hayes at 250 652 4473 x208 or email

mchayes@tsartlip.com if you have any questions about this group.