



### What to expect:

This is an informal opportunity to sit together with Health Staff to talk about existing/future services for our young children. Parents, caregivers can join us for a meal, and spend a few minutes talking about their experiences with the current services:

- CPNP maternal nourishment program
- Weekly infant-toddler program
- COHI (birth – 7 years) program
- Weekly after school program
- Immunization program
- Bi-monthly/monthly food programs
- Gardening program for families

We also want you to share your ideas about future programs that may help you and your young children.

Participants will enjoy a meal, receive a gift card for a local grocery store and have their name entered for in a draw for an IPAD. Childcare costs will be provided (please leave the name of your child minder with the staff member).

**Join us: THURSDAY, JANUARY 16, 2020  
TSARTLIP HEALTH CENTER  
10:30 – 12:30 PM**

Please contact Mary Hayes, Head Start Coordinator at 250-652-4473 x208 if you wish to attend or if you have any questions.

## Across the Kitchen Table discussions

For Parents,  
caregivers of young  
WJOLEP Children

Share your ideas

Share your thoughts  
on current and  
future services for  
young families

Your ideas and  
feedback will help  
Health staff learn  
ways to better serve  
our young families  
and shape future  
services.